

# Lori Burke Hypnotherapy

Offering a full range of hypnotherapy services



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## LORI BURKE, CHT, CCHT, CTHT

Certified Clinical & Transpersonal Hypnotherapist  
(IAIH Certified #7596890)

### HYPNOTHERAPY SESSIONS

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Hypnotherapy sessions can help you: Improve self-confidence & self-esteem; manage stress; resolve anger, fear, resentment; get to the root cause of anxiousness, depression; reduce conflict & stress; promote health & well-being; break old habits & adopt healthier ones; experience physical & mental relaxation; resolve relationship issues; deal with grief & loss; address weight control issues; gain a happier home life (be a better spouse, parent, friend); select your goals in life and chart your course for their achievement; program your subconscious mind for professional success; and much, much more...

*\*Medically diagnosed illness (including mental illness), injury or disease requires a written referral or prescription from treating physician or licensed healthcare provider*

### PROGRAMS

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#### Joyful Living Program

This program is suitable for those who are feeling stuck in their relationships, career, personal goals, etc. Get unstuck and start living your most Joyful Life!

#### Finding Inner Peace

This program is suitable for those who are looking for a more peaceful life. Includes "homework" in the form of audio recordings, in addition to mindful meditation and guided imagery work. This program is a nice add-on after issues have been addressed in hypnotherapy sessions.

#### Cancer Recovery Program

This program is suitable for those who have just received a cancer diagnosis, or who are going through cancer treatment. Call for program details. *Must have a written referral or prescription from treating physician, no exceptions.*

### COURSES

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#### Life Mastery Course

This program includes online course sessions, a workbook and audio recordings. This program is taught in small groups. Call to inquire about the current course schedule.

*For additional information on Services, Programs or Courses,  
please visit [LoriBurkeHypnosis.com](http://LoriBurkeHypnosis.com)*