

Lori Burke Hypnotherapy

Offering a full range of hypnotherapy services



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LORI BURKE, CHT, CCHT, CTHT

Certified Clinical & Transpersonal Hypnotherapist
(IAIH Certified #7596890)

HYPNOTHERAPY SESSIONS

Hypnotherapy sessions can help you: Improve self-confidence & self-esteem; manage stress; resolve anger, fear, resentment; get to the root cause of anxiousness, depression; reduce conflict & stress; promote health & well-being; break old habits & adopt healthier ones; experience physical & mental relaxation; resolve relationship issues; deal with grief & loss; address weight control issues; gain a happier home life (be a better spouse, parent, friend); select your goals in life and chart your course for their achievement; program your subconscious mind for professional success; and much, much more...

Medically diagnosed illness (including mental illness), injury or disease requires a written referral or prescription from treating physician or licensed healthcare provider.

PROGRAMS

Joyful Living Program

This program is suitable for those who are feeling stuck in their relationships, career, personal goals, etc. Get unstuck and start living your most Joyful Life!

Finding Inner Peace

This program is suitable for those who are looking for a more peaceful life. Includes "homework" in the form of audio recordings, in addition to mindful meditation and guided imagery work. This program is a nice add-on after issues have been addressed in hypnotherapy sessions.

COURSES

Life Mastery Course

This program includes online course sessions, a workbook and audio recordings. This program is taught in small groups. Call to inquire about the current course schedule.

*For additional information on Services, Programs or Courses,
please visit LoriBurkeHypnosis.com*